

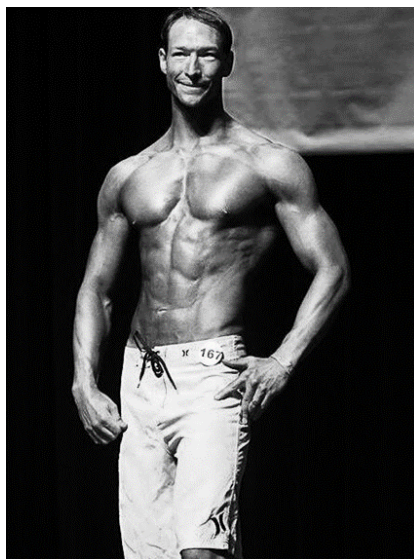
# PERSONAL TRAINING BY CAMERON

I am able to work with people of all ages improving toward any fitness goal you may have. I believe in a big picture approach beginning with joint mobility and stability then progressing toward endurance, strength, power, and peak performance training. Contact the front desk now for details on small groups and boot camps.

Please visit my website [www.fitness76.com](http://www.fitness76.com) for client testimonials.

## BE THE CHANGE

**CONTACT CAMERON**  
cameron\_scharnick@yahoo.com  
(559) **696-5544**  
[www.fitness76.com](http://www.fitness76.com)



24 hours notice of cancelation required for all sessions.

## SPECIALIZES IN:

Small group training  
One on one Training  
Boot camps  
Corporate Health  
Wellness Programs  
Nutrition

## EXPERIENCE:

7 Years Professional  
Fitness Training

3 Years Body Building  
Competition Experi-  
ence

6 Years Coaching  
Football

## TRAINING RATES

**One on one**  
4 pack \$280: (70 per session)  
8 pack \$520: (65 per session)  
12 pack \$660: (55 per session)

**Group / Per session**  
2 participants \$33 / person  
3-4 participants \$25 / person  
5-7 participants \$20 / person