

Pool Safety Rules

Summer Swim Season – Lifeguard on duty Memorial Day – Labor Day

1. No children in the lap pool unless seriously lap swimming and accompanied by parent.
2. Listen and follow all directions given by lifeguards and/or swim instructors.
3. Walk on the pool deck.
4. Put toes over the edge of the pool before jumping or diving in;
5. No horseplay (this includes no torpedo toys when others are in the water);
6. Utilize the colored zones around the pool (green= ok to jump or dive; yellow = jump in only/no diving; red: no jumping or diving into this zone);
7. No children under 14 may use the pool without a parent present poolside, unless they have passed the swim test and are wearing the wristband. *Only children ages 8 and older are eligible to take the swim test.*

Swim tests are held every summer. The purpose of the swim test is to identify and give permission to children *ages 8 and older* who should be allowed to use the pool without a parent present (but only when the lifeguard is on duty) based upon passing a skills and knowledge test. The swim test consists of the following: First the child must explain what the colored zones around the pool mean. Then, he/she must explain three other pool safety rules which are listed above.

The second part is the water test in which the child must jump or dive into the deep end of the pool, level off and maintain a back float or tread for 30 seconds, then swim the remainder of the length to the shallow end of the pool and back to the deep end wall without stopping or putting his/her feet down. Children passing the swim test will be issued a waterproof wristband that is designed to be worn for several days/weeks at a time, similar to what you would get at a concert or fair. Replacement wristbands will be available from the lifeguards and the front desk. Children 8 or older must test every summer.

Please look for a sign at the front desk as to when swim testing will be offered. A parent must accompany the child to the pool for testing. Handouts regarding the swim test schedule will be available at the front desk before every Memorial Day Weekend.

Once a child has passed the swim test, **the parent must be on grounds and check in with the lifeguard every time the child is dropped off at the pool.** Children are not allowed to use the pool without a parent present when there is NO lifeguard on duty even if they have passed the swim test....this rule remains unchanged. If you have any questions about pool rules or the swim test, please do not hesitate to contact Justine McAlpine, Aquatics Director, at justine@fig-garden.com.